Mental Health Planning & Advisory Council

## **Vision**

Plan, Advocate, Evaluate
Mission

To advocate for a system that supports persons impacted by mental disorders on their journeys to achieve the highest quality of life possible by promoting evidence-based, cost-effective, individualized mental health services.

Cathii Nash, Chair 3908 East 17<sup>th</sup> Spokane, WA 99223 (509) 536-4136

Mental Health Planning and Advisory Council September 12, 2007 Red Lion Hotel SeaTac - 8:30 – 4:00

> All Council and Stakeholders Annual Awards Meeting Minutes

Minutes Approved on October 10, 2007

MHPAC Members Present: Cathii Nash, Rick Crozier, Barb Putnam, Becky Bates, Bill Waters, Brett Lawton, Micheal Paulson, BJ Cooper, Brien Critchlow, Cheri Dolezal, Merja Kehl, Michelle Murphy, JoEllen Woodrow, Dwight McClain, Lenora Warden, Eleanor Owen, Erin Peterschick, Fran Collison, Danny Eng, Traci Adair, Russ Hammond, Roger Bauer

MHPAC Members Excused: Dan C. Clement, Mary Christie, Annie Conant, Vanessa Lewis, Thressa Alston, Tom Saltrup, and Jeanette Barnes

MHPAC Members Unexcused: Matthew Stolberg

Subcommittee Members: Clifford Thurston, Connie Mom-Chhing, David Johnson, Dorothy Hamner, Doug Chapman, Diane Eschenbacher, Garrison Nutt, Gary Enns, Gene Richel, Heidi Henken, Helen Bradley, Jill SanJule, John Furze, Judy Baskett, Len Lomash, Lily Baldwin, Lori Benton, Mickey Kander, Midge Brumaster, Pam Sloan, Patty Hammond, Ruth Leonard, Tory Henderson, Victor Buksbazen, Kim Mozinjo

MHD Staff: Christina Carter, Sandy Gregoire, Stephanie Lane, Hank Balderrama, Mary Sarno, and Judy Gosney

Present award winners and their guests. Representative Mary Lou Dickerson, Charlene Woodward, Curtis Dickerson, Yu-Ming Zhu, Marylou Haugland, Melanie Green, Nancy Kickertz, James Mead, Jeff Howard, Michael Wallin, Mary O'Brien, Brett Robinson, Sue Ellen Wyatt, Pam Piering, Cathy Knyit, Tamara Johnson, and Dan Kent

Speakers: Dr. Patrick Johnson, Director of Behavioral Health, Molina Healthcare of WA

Dave Knutson, Senior Staff Policy Analyst, House of Representatives

Richard Kellogg, Director, Mental Health Division

Ken Stark, Director, Transformation Grant

(Approximately 85 people attended this event.)

- 8:30 Registration and Continental Breakfast
- 9:00 Welcome and Introductions by Cathii Nash, MHPAC Chair.
- 9:15 Ann Russell-Yeh Award was presented by Mickey Kander to Becky Bates for her exemplary service on behalf of children and youth with serious emotional disturbance.

Meghan Marie Doggett Award was presented by Patti Drummond to Curtis Dickerson for making a difference in the lives of Washington youth.

John Piacitelli Award was presented by Rick Crozier to Nick Beamer for exemplary service on behalf of older adults with serious mental illness.

Way to Go Award was presented by Cathii Nash to Joann Freimund for outstanding advocacy work on behalf of adults & children with serious mental Illness in the State of Washington.

- 10:00 Adult Consumers Subcommittee (ACS) hosted the MHPAC Awards and Keynote Speaker, David Johnson, CEO, Highline West Seattle Mental Health and West Seattle Psychiatric Hospital "Getting to the Recovery Perspective: a Transformation of Beliefs."
  - "Why we need an MHPAC Adult Consumers Subcommittee" was presented by JoEllen Woodrow, Lenora Warden, BJ Cooper, Diane Eschenbacher and Clifford Thurston.
  - "The Clothing Drop", an illustration of the side effects of some medications and especially, weight gain presented by BJ Cooper and JoEllen Woodrow.
  - MHPAC Service Awards were presented by Diane Eschenbacher.
    - 2007 Provider Service Excellence Award to Yu-Ming Zhu, Minority Mental Health Specialist, for outstanding work with minority populations throughout the State of Washington.
    - 2007 Advocate Service Excellence Award to Charlene Woodward for outstanding advocacy work on behalf of children with serious emotional disturbance and adults with serious mental illness.
    - 2007 Individual Service Excellence Award to Mary Lou Dickerson Washington State Legislature, House of Representatives, 36th Legislative District for lifelong care and concern for children with serious emotional disturbance and the elderly with serious mental illness.
    - o Lenora Warden presented her "Personal Recovery Story", how she was bitten by a venomous spider which caused her to collapse and wake up 4 days later in the hospital, not knowing who she was, and her fight to live. Also, how the stigma surrounding a person with mental illness led to her not being "found" by friends or family for a week while she was in the hospital.
    - Closing by Michelle Murphy.

- 12:45 A brief update on the WA Medicaid Integration Partnership (WMIP) program was given by Dr. Patrick Johnson, Director of Behavioral Health, Molina Healthcare of Washington.
- 1:45 "Transformation Where Will Mental Health Be in 2009?"

Guest speakers:

Dave Knutson, Senior Staff Policy Analyst, House of Representatives Richard Kellogg, Director, Mental Health Division Ken Stark, Director, Mental Health Transformation Grant.

A panel discussion was directed by Rick Crozier, Vice Chair of the Mental Health Planning and Advisory Council and Chair of Older Adults and Treatment Subcommittee.

4:00 Meeting Adjourned.